MAMA THRIVE

Mama Thrive Privacyverklaring

This privacy statement applies to all services provided by Mama Thrive, based in the Netherlands. Mama Thrive respects your privacy and handles your personal data with care.

1. Who we are
Mama Thrive
Email: fayette@mamathrive.nl
Chamber of Commerce (KvK) number: 78005965
Mama Thrive offers support to mothers during pregnancy, birth, and the postpartum period.

2. Personal data we process
Mama Thrive processes personal data that you provide to us yourself, for example through a contact form, intake meeting, coaching trajectory, or workshop registration. We may process the following personal data:

- Name
- Address
- Phone number
- Email address
- Information about pregnancy, birth, and health that you share with us
- Information needed for invoicing and administration
- We only process special categories of personal data (such as health information) with your explicit consent.

3. Purpose and legal basis of data processing
Mama Thrive processes your data for the following purposes:

- To prepare and deliver our services
- To maintain your client file so we can provide safe and high-quality care
- For administration and invoicing
- To send updates or newsletters (only with your consent)

- To comply with legal obligations

4. Sharing personal data with third parties

We only share your data when this is necessary to carry out our services properly or when required by law. This may include:

- Accounting and invoicing systems
- Email services used for communication

We only share data with other care providers or specialists involved in your trajectory when you have given your explicit consent. We never sell your data to third parties.

5. Data retention periods

Mama Thrive does not keep personal data longer than necessary.

- Administrative data (invoices): 7 years (legal requirement)
- Health and trajectory records: up to 5 years after completion of the guidance, unless you give permission for longer retention
- Contact details for newsletters: until you unsubscribe

6. How we protect your data

We take appropriate measures to protect your data, including:

- Secure storage (password-protected cloud systems)
- Use of strong passwords
- No paper files stored in unsecured locations

7. Your rights

You always have the right to:

- Access your data
- Have your data corrected or deleted
- Withdraw your consent
- File a complaint with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens)

If you wish to exercise any of these rights, please contact us at fayette@mamathrive.nl.

8. Cookies and tracking

Our website uses functional cookies to ensure the site works properly. We do not use tracking cookies unless you explicitly give permission.

9. Changes to this privacy statement

Mama Thrive may update this privacy statement from time to time. The most recent version will always be available on our website.